

FACILITIES

Veterans Memorial Field House is perfectly suited for indoor baseball. Along with an All-Purpose Gym Floor which is surrounded by various Hitting Screens and Nets, there is also a separate Small Gym. There is also a full length Batting Cage located on the balcony as well as separate rooms for Weight Lifting and viewing films.

TUITION

Only \$175.00 for non-members (\$140.00 for members) for 5 days of full instruction from 8:30 am to 12:30 pm.

HEALTH

All care and precaution will be given to each player by our on-staff trainer. The Hit Zone's trainers are all certified and are qualified in CPR and First Aid. In the past our trainers have been Courtney Oak, Lisa Dupuis, and Jen Wasylak.

WHAT TO BRING

NO CLEATS

Sneakers /Turf Shoes
Gym Clothing
Fielding Glove

If you wish to bring your own equipment, such as a helmet or bat, you may do so, but please mark all of your equipment. Equipment tends to look alike and The Hit Zone cannot be responsible for lost equipment. The Hit Zone will provide bats, balls, batting helmets, and catching equipment for the players.

It is also recommended, although not required, that ball players bring batting gloves to protect their hands from blisters that may develop from the number of swings taken.

ACADEMY DIRECTOR

MIKE GIARDI

4 years of Professional Baseball
Organizations include the Yankees, Giants, and Expos
1994 Graduate of Harvard University
4 Year Starter in Baseball
1994 Ivy League Player of the Year
Two Time All New England Team
1990 Graduate of Salem High School
Captain of Baseball, Basketball and Football
Member of 3 NEC Championship Baseball Teams
1990 Mass. Div. II Player of the Year
Member of 1989 Div. II State Championship Team

Al Giardi, Assistant Director

1998 Mass. Baseball Coaches Hall of Fame Inductee
22 Year Head Coach at Salem High School
Has over 250 Wins to his name at Salem High School
1 State Championship Team 1989
2 North Championship Teams '89 and '90
3 NEC Championships
Boston Globe Coach of the Year in 1989
6 Time NEC Coach of the Year
Coached Several Professional Baseball Players
Jeff Juden, Doug Canney, Dave MacDonald

ACADEMY INTENTIONS

Since 1995, Mike Giardi has put together the Academy to give young ball players the opportunity to fine tune their skills under the guidance of professional and collegiate players and coaches. The players will learn how to improve their game through drill work that the staff has used throughout their playing and coaching careers. The Academy will feature different teaching tools including:

Tee Work
Soft Toss Drills
Bunting Drills
Batting Cage Work
Sliding Drills on our Sliding Mat
Video Work with our Digital Camera

There will also be base-running work (players will be timed) and individual defensive work by position, including pitching work with the Radar gun.

All of these drills are designed to help improve a young player's game while having fun.

Past and Present Staff Members

Ryan Healey – Stonehill College Standout
Fred Cole – Franklin Pierce Standout
Dave Angeramo – Former JV Coach Salem
Jon Blodgett – Standout Georgetown University
Mike Ward – Assistant Coach Salem State Univeristy
Jason Tarasuik – Head Coach Marblehead High
Seith Bedard – Assistant Baseball Coach, Peabody
Eli Munkholm – Former Assistant Salem State
Rick O'Leary – Salem State Player/Coach
Steve Gridley – Captain Salem State
Peter Feeley – Former Minor League Standout
Doug Lowe – Bishop Fenwick Standout
Dave Morgan – Catcher Toronto Blue Jays Org.
Peter Wilk – Head Coach Georgetown University
Eric Sholds – Standout at Salem High School and Tufts
Joe Correnti – Former Coach Marblehead High School
Stephen Sadoski – Catcher Salem and Harvard
Gardner O'Flynn – Pitcher Texas Rangers Org.
Brett Boretti – Head Coach Columbia University
Patrick Thornton – L.L. Coach Portland, Maine
Tom Thornton – L.L. Coach Portland, Maine
Tim Thornton – L.L. Coach Portland, Maine
Sal Orlando, Sr. – Salem Little League Coach
Salvi Orlando, Jr. – Salem Senior League Coach
Jeff Avigian – Former Danvers' Freshman Baseball Coach
William Madden – Outfielder Swampscott + Harvard
Jeff January – Catcher Swampscott and UMass
Matt Marengi – Pitcher Salem + Tufts University
Mike Lavender – Baseball Coach, Peabody High
Jamie Flynn –Baseball Coach, Salem High
John Silk – Baseball Coach, Salem High
Pete Soteropoulos – St. Louis Organization
Garrett Greer – All Big East Catcher Boston College
Derek Lyons – Div III Player of Year in New England
Ryan Leahy – St.John's Prep, BC and Angels Organization

Mike Giardi's Professional Baseball Academy



**Fundamental Instruction
For Boys and Girls
Ages 8 through 13**

**February School Vacation
February 20th – 24th
8:30 am – 12:30 pm**

**Veterans Memorial Fieldhouse
Salem High School
Salem, Massachusetts**

**ONLINE REGISTRATION
NOW AVAILABLE
www.the-hit-zone.com**

Academy Highlights

- **Good Coach/Player Ratio**
- **Instruction by Current & Former Collegiate and Professional Baseball Players and Coaches**
- **Fundamental Hitting, Fielding and Pitching Drills**
- **Video Instruction and Evaluation**
- **Awards and Contests**

All Attendees Receive

- **Academy T-Shirt**
- **Individual Instruction by Current and Former Professional and Collegiate Baseball Players and Coaches**
- **Individual Written Evaluation**

INDIVIDUAL LESSONS ARE ALSO AVAILABLE WITH MOST COACHES AT **THE HIT ZONE.**

For Information and Applications:
Call Mike Giardi, Director
(781)-592-HITS (4487)
www.the-hit-zone.com

**\$175 NON-MEMBERS
\$140 MEMBERS**

A Great Spring Training for Young Players!

MIKE GIARDI'S PROFESSIONAL BASEBALL ACADEMY
APPLICATION FOR **FEBRUARY SESSION I** ENROLLMENT

FOR OFFICE USE ONLY

NAME _____ DATE OF BIRTH _____ GRADE _____ THROWS R L B
ADDRESS _____ BATS R L B
CITY _____ STATE _____ ZIP _____ POSITION _____

HOME PHONE _____ PARENT/GUARDIAN WORK PHONE _____
HEALTH INSURANCE NAME and NUMBER _____ E-MAIL _____
\$50.00 DEPOSIT AS WELL AS HEALTH AND IMMUNIZATION RECORDS REQUIRED WITH APPLICATION

SEND CHECK OR MONEY ORDER PAYABLE TO: _____ CREDIT CARD TYPE: (no amex) _____
THE HIT ZONE _____ CREDIT CARD #: _____ Exp. _____
P.O. BOX 337 _____ AMOUNT _____
SWAMPSCOTT, MA 01907 _____ SIGNATURE _____

UNDERSTAND AND ACCEPT THE CONDITION THAT NEITHER MIKE GIARDI, SALEM HIGH SCHOOL NOR ANYONE ELSE ASSOCIATED WITH THE HIT ZONE OR MIKE GIARDI'S PROFESSIONAL BASEBALL ACADEMY WILL ASSUME ANY RESPONSIBILITY FOR ACCIDENTS AND MEDICAL EXPENSES INCURRED AS A RESULT OF PARTICIPATION IN THE PROGRAM. THE APPLICANT IS IN GOOD HEALTH AND ABLE TO PARTICIPATE IN THE PHYSICAL ACTIVITY OF A VIGOROUS PROGRAM. I HEREBY AUTHORIZE THE DIRECTORS OF THE HIT ZONE TO ACT FOR ME ACCORDING TO THEIR BEST JUDGEMENT IN ANY EMERGENCY REQUIRING MEDICAL ATTENTION.

PARENT/GUARDIAN SIGNATURE _____

DON'T WANT TO WRITE OUT THIS FORM- THEN DON'T. REGISTER ONLINE AT WWW.THE-HIT-ZONE.COM