## **FACILITIES**

Veterans Memorial Field House is perfectly suited for indoor baseball. Along with an All-Purpose Gym Floor which is surrounded by various Hitting Screens and Nets, there is also a separate Small Gym. There is also a full length Batting Cage located on the balcony as well as separate rooms for Weight Lifting and viewing films.

#### **TUITION**

Only \$155.00 for participants for 5 days of full instruction from 8:30 am to 12:30 pm.

## HEALTH

All care and precaution will be given to each player by our on-staff trainer. The Hit Zone's trainers are all certified and are qualified in CPR and First Aid. In the past our trainers have been Courtney Oak, Lisa Dupuis, and Jen Wasylak.

# WHAT TO BRING

\*NO CLEATS\* Sneakers /Turf Shoes Gym Clothing Fielding Glove

If you wish to bring your own equipment, such as a helmet or bat, you may do so, but please mark all of your equipment. Equipment tends to look alike and The Hit Zone cannot be responsible for lost equipment. The Hit Zone will provide bats, balls, batting helmets, and catching equipment for the players.

It is also recommended, although not required, that ball players bring batting gloves to protect their hands from blisters that may develop from the number of swings taken.

## ACADEMY DIRECTOR

#### MIKE GIARDI

Head Coach – Marblehead High School 4 years of Professional Baseball Organizations include the Yankees, Giants, and Expos 1994 Graduate of Harvard University 4 Year Starter in Baseball 1994 Ivy League Player of the Year Two Time All New England Team 1990 Graduate of Salem High School Captain of Baseball, Basketball and Football Member of 3 NEC Championship Baseball Teams 1990 Mass. Div. II Player of the Year Member of 1989 Div. II State Championship Team

#### Al Giardi, Assistant Director

1998 Mass. Baseball Coaches Hall of Fame Inductee 22 Year Head Coach at Salem High School Has over 250 Wins to his name at Salem High School 1 State Championship Team 1989 2 North Championship Teams '89 and '90 3 NEC Championships Boston Globe Coach of the Year in 1989 6 Time NEC Coach of the Year Coached Several Professional Baseball Players Jeff Juden, Doug Canney, Dave MacDonald

#### **ACADEMY INTENTIONS**

Since 1995, Mike Giardi has put together the Academy to give young ball players the opportunity to fine tune their skills under the guidance of professional and collegiate players and coaches. The players will learn how to improve their game through drill work that the staff has used throughout their playing and coaching careers. The Academy will feature different teaching tools including:

Tee Work Soft Toss Drills Bunting Drills Batting Cage Work Sliding Drills on our Sliding Mat Video Work with our Digital Camera There will also be base-running work (players will be timed) and individual defensive work by position,

All of these drills are designed to help improve a young player's game while having fun.

including pitching work with the Radar gun.

#### **Past and Present Staff Members**

Rick O'Leary - Head Coach Salem High Softball Steve Gridley - Captain Salem State Dave Angeramo - Former Head Coach Salem Doug Lowe - Bishop Fenwick Standout Peter Feeley - Former Minor League Standout Ryan Healey - Stonehill College Standout Fred Cole - Franklin Pierce Standout Jon Blodgett - Standout Georgetown University Mike Ward - Head Coach Salem State University Jason Tarasuik - Head Coach Marblehead High Seith Bedard - Assistant Baseball Coach, Peabody Eli Munkholm - Former Assistant Salem State Dave Morgan - Catcher Toronto Blue Jays Org. Peter Wilk - Head Coach Georgetown University Eric Sholds - Standout at Salem High School and Tufts Joe Correnti - Former Coach Marblehead High School Stephen Sadoski - Catcher Salem and Harvard Gardner O'Flynn - Pitcher Texas Rangers Org. Brett Boretti - Head Coach Columbia University Patrick Thornton - L.L. Coach Portland, Maine Tom Thornton - L.L. Coach Portland. Maine Tim Thornton – L.L. Coach Portland, Maine Sal Orlando, Sr. - Salem Little League Coach Salvi Orlando, Jr. - Salem Senior League Coach Jeff Avigian - Former Danvers' Freshman Baseball Coach William Madden - Outfielder Swampscott + Harvard Jeff January – Catcher Swampscott and UMass Matt Marengi - Pitcher Salem + Tufts University Mike Lavender - Baseball Coach, Peabody High Jamie Flynn -Baseball Coach, Salem High John Silk - Baseball Coach, Salem High Pete Soteropoulos - St. Louis Organization Garrett Greer - All Big East Catcher Boston College Derek Lyons - Div III Player of Year in New England Rvan Leahy - St. John's Prep, BC and Angels Organization

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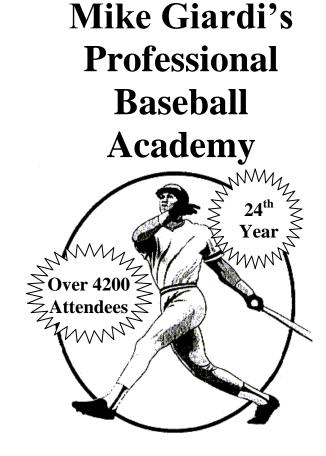
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SWAMPSCOTT, MA 01907	SIGNATURE
I UNDERSTAND AND ACCEPT THE CONDITION THAT NEITHER MIKE GIARDI, SALEM HIGH SCHOOL NOR ANYONE ELSE ASSOCIATED WITH THE HIT ZONE OR	ALEM HIGH SCHOOL NOR ANYONE ELSE ASSOCIATED WITH THE HIT ZONE OR MIKE GIARDI'S PROFESSIONAL BASEBALL
ACADEMY WILL ASSUME ANY RESPONSIBILITY FOR ACCIDENTS AND MEDIC	ACADEMY WILL ASSUME ANY RESPONSIBILITY FOR ACCIDENTS AND MEDICAL EXPENSES INCURRED AS A RESULT OF PARTICIPATION IN THE PROGRAM. THE APPLICANT IS IN GOOD HEALTH AND
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ANY EMERGENCY REQUIRING MEDICAL ATTENTION. PA	PARENT/GUARDIAN SIGNATURE

\$155 PER PLAYER	A Great Spring Training for Young Players! MIKE GIARDI'S PROFESSIONAL BASEBALL ACADEMY	Freat Spring Training for Young Pla	ung Players! Ll ACADEMY		FOR OFFICE USE ONLY	USE O	NLY
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P.O. Box 337

Swampscott, MA 01907



**Fundamental Instruction** For Boys and Girls Ages 8 through 13

April School Vacation April 16<sup>th</sup> – 20<sup>th</sup> Monday - Friday 8:30 am - 12:30 pm

Salem High School Salem, Massachusetts

**ONLINE REGISTRATION NOW AVAILABLE** www.the-hit-zone.com